

Jun: Hey, hand me that chocolate bar.

Ken: Here you are. By the way, I remember you saying you were on diet. What happened?

Jun: Well, it is still in progress. I just reward myself sometimes.

Ken: You know what, junk food contains much more calorie than your 10 dishes of salad.

Jun: Come on. I just take a short break.
At least I'm not a chimney fish.

Ken: Well, I don't mean to be a killjoy
but you'd better draw the line for it.

Jun: Then what am I supposed to do?

Ken: If you are health conscious,
how about changing junk food or
those trail mix to an apple or things like that?
You like fruits, don't you?



Jun: Well, that makes sense. You are right.

Ken: Or you might think of trying some organic food.
It is more expensive than normal food, but you know,
it is much better. Or maybe take several
mini-meals during the day.

Jun: Ok, I got it. After this chocolate,
I will seriously consider it.

Let's talk

- 1. Are you a picky eater, or do you like to try lots of new foods?
- 2. What are some things about your eating habits you want to change?

hard / tough	crispy	smooth	dry
soft / tender	crunchy	grainy	gooey
watery	moist	chewy	sticky
fluffy	fizzy	ticky	smelly

Vocabulary & Expressions

- I eat out almost every day.
- I'm not good at cooking.
- I take a lunch box to work every day.
- What food is popular in your country?
- Is there any food you can't eat?

